

The Lord's Prayer

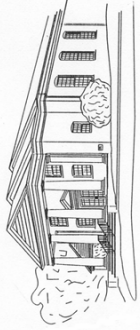
(traditional words to the Our Father)

Our Father, which art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, The power, and the glory, For ever and ever. Amen.

(Taken from the Anglican Book of Common Prayer, 1662)

Asheboro Friends Meeting

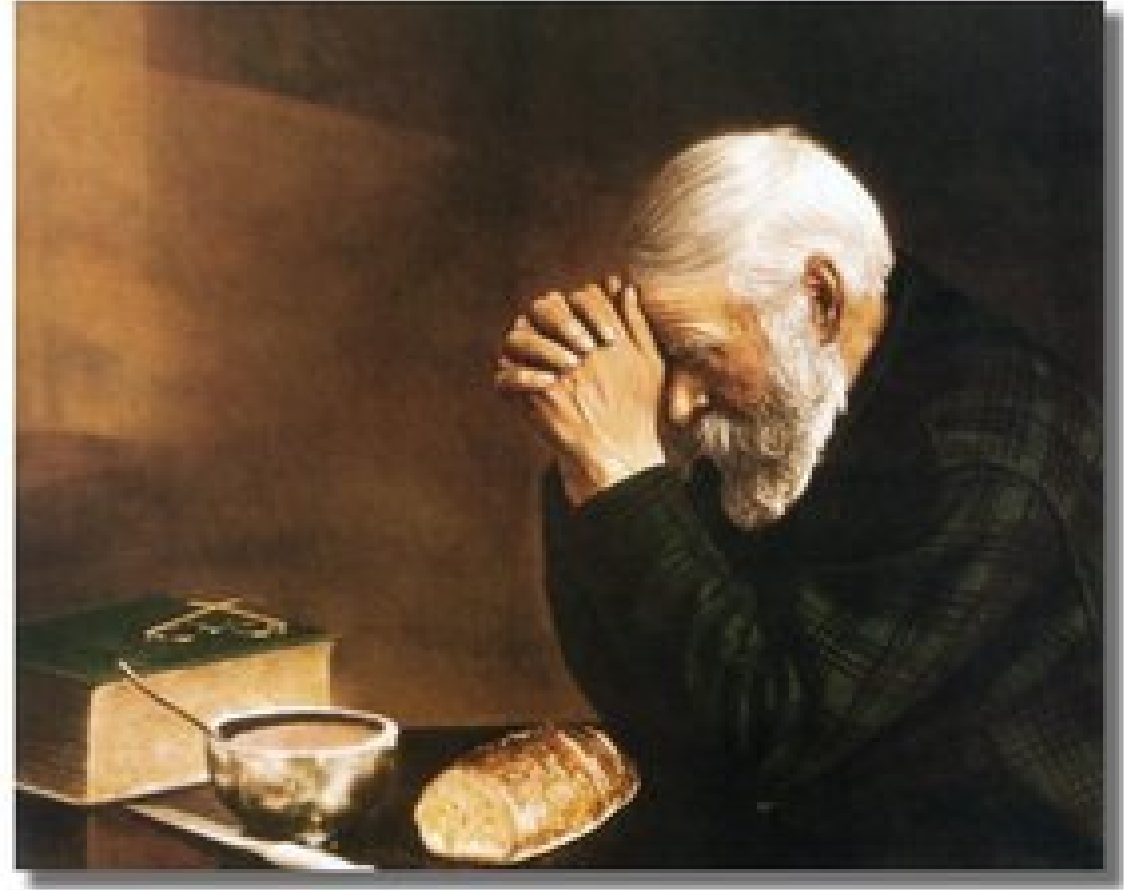
PO Box 987
Asheboro, NC 27204-0987



Asheboro Friends Meeting

East Kivett and Main Streets
Asheboro, North Carolina

Mailing Address
PO Box 987, Asheboro, NC 27204-0987



“I Have Called You Friends”

John 15:15

David Millikan, Pastor
Cynthia Pierce, Youth Director
Church Phone: 336-625-3803
Pastor's Study: 336-629-2858
Pastor Cell Phone: 336-689-4275
Youth Director: (H) 336-629-6430 (C) 336-953-2675
Email: asheborofriends@yahoo.com
Website: www.asheborofriends.org



Asheboro Friends Meeting

A Meditation from William Orville Mendenhall - April 15, 2024

LET US NOT WITHHOLD BREAD

Give us this day our daily bread.

—Matthew 6:11 (Read Matthew 25:31-46)

Today let us consider again how far these plurals reach. Who is included in the word “us”? Do we mean the members of our family, the people in our community, the people at our economic level, the citizens of our nation? Or can we include the members of the human race?

Possibly five years ago or five years hence * with unemployment everywhere, we should pray, “Let each one of us be able to earn his daily bread, so that he may not be obliged to watch his child growing up on relief”. To see his children losing their independence and becoming accustomed to being fed by others must be heartbreaking to many a worth man who has no employment.

Just now shall we pray for daily bread for the children in China, in western Russia or in the occupied areas. If we pray for that, what shall we do about the answer to our prayer? With our meetings for worship, our church services, and our periods of meditation let us try to become a group of worshippers. On the other hand, we are peculiarly fortunate in having one arm of our Society through which as a group we can reach further than as single individuals in carrying bread and clothing and spiritual nourishment to many—the American Friends Service Committee.

Of a truth there can be no meaner type of human selfishness than that afforded by him who, unmindful of the world of sin and suffering about him, occupies himself in the pitiful business of saving his own soul in the spirit of the miser watching over his private hoard while his neighbors starve for lack of bread.

— JOHN GREENLEAF WHITTIER

Let me be as much concerned that bread and salvation may be given to others as to myself.

Reprinted from Quaker Meditations, edited by Cecil E. Haworth, reprinted 1989.

** Originally written in 1944 at the height of the Second World War.*

William Orville Mendenhall served as President of Friends University, Wichita, Kansas, and of Whittier College, Whittier, California.

Cover painting Grace by Mrs. Rhoda Nyberg from a photograph by her father Eric Enstrom in 1918.

Excerpt: Energy

“This ministry has been a continuing journey of doing things my way, then standing back and letting God lead. For example, I assumed we’d fill all 16 slots the first year during our art day and registration. Eight signed up and six showed up for the first session, all girls. It was wonderful. We expanded more organically, adding kids as our reputation grew, parents began to trust, and kids engaged more deeply. Artsy Fartsy Saturdays is still evolving. I spend a lot of time talking to new parents about the program. Funny, I have had a lot of kids and parents not-so-in-need ask about joining. But this doesn’t have the same appeal for me. I want to work with the kids who have greater need. That’s where my heart is.

“I find that the Thursday afternoon before each session has become sacred as I make reminder calls to parents. I reserve a few hours because this is a time I get to connect with parents, mention how their children have excelled, been creative or well-behaved. I find parents are starved to hear such things about their kids. And I only tell them the truth. I also write each child a personal note every month, affirming them. That’s my way of expressing what I see of God in them, borrowing the phrase from Quaker founder George Fox, and helping them see it in themselves.

“. . . Of course, there are days that I want to chuck it all. Like the Tuesday a few months ago when I learned a major funder had shortened its grant deadline by three months; I’d had no way of knowing. I had a good cry and God moved me to ask Cincinnati Friends for more help, which they gladly offered. Some days I wish all I had to worry about was gathering the kids and making arts. Those are often the days I run up to visit [Oakwood] for some reason and become surrounded by all ages asking

—Miss Cathy, when will I be old enough?
—Will Artsy Fartsy still be here next year when I get into fourth grade?
—Can my sister come?

“Then I know there is energy to continue.”

Excerpt from *A Place Called Artsy Fartsy Saturdays: Building Creative Community in Your Neighborhood*, by Cathy Barney — available to purchase on the FUM Online Bookstore.

Birthdays & Anniversaries

B Jimmy Pell — April 23

B Carol Meiers — April 24

B Ernest Davis — April 26

CUOC for April:

Canned Potatoes

Feeding Locals First:

Tuna

Oodles of Noodles

Coffee, sugar, creamer packs

Applesauce cups

Pudding cups

Jello cups

Pop tarts

Rice Krispie treats

Nab packs

Canned fruits

Cups of cereal

Mac and cheese cups

Breakfast Bars

Beanee Weenee cans

March Financial Report:

Income: \$ 8,693.01

Expenses: \$ 9,249.28

Gen Fund Balance: \$ 31,198.64

Give to Asheboro Friends Meeting online at www.asheborofriends.org. Support our ministries by clicking on the “Give to AFM” icon supported by our partnership with Tithe.ly and following the simple instructions. Use your smart phone by scanning the QR code located on the front cover of this newsletter.

Lord, open unto me.

Open unto me—light for my darkness.

Open unto me—courage for my fear.

Open unto me—hope for my despair.

Open unto me—peace for my turmoil.

Open unto me—joy for my sorrow.

Open unto me—strength for my weakness.

Open unto me—wisdom for my confusion.

Open unto me—forgiveness for my sins.

Open unto me—love for my hates.

Open unto me—thy Self for my self.

Lord, Lord, open unto me. Amen.

Howard Thurman, Meditations from the Heart (1953)





Ladies' Bible Study

DairiO has sponsored a Men's Bible Study each Wednesday morning for several years. Sixty-two ladies attended the first Ladies' Bible Study on Thursday March 14, 2024!

All ladies are invited to attend each Thursday at 8:30 am.

All ladies welcome! There is no charge! Yes, FREE!

FUM's annual Stoking the Fire retreat will be held May 17-19, 2024 at Friends United Meeting headquarters in Richmond, Indiana, in conjunction with Quaker Hill Conference Center. This annual retreat is for those afire with the Holy Spirit, who seek deeper faith and bolder witness. Through worship, learning, and fellowship, we will open ourselves to Christ's presence, and allow the Spirit to work within us as we seek together to explore our fire. Early registration discount ended April 1, 2024. Register now at <https://www.friendsunitedmeeting.org/connect/stoking-the-fire>



ASH-RAND RESCUE SQUAD ANNUAL SPRING BARBECUE Saturday, April 20, 2024



Meet at Asheboro Friends at 11:00 AM We will pick up our orders and feast together in the Fellowship Hall.

Tray \$10.00 Sandwich \$6.00 Hush Puppies \$2.00 (Tray includes our famous pork barbecue, slaw & hush puppies.)

Drinks and Desserts provided by AFM!

Asheboro Friends Prayer List April 15, 2024

Members

Becky Boone
Carol Bullins
Jackie & Pat Cole
Susie Dunn
Ava Grace Fogleman
Bret Lambert
Linda Lanier
Helen Marley
Carol Meiers
Fred Ownsby
Mary Ella Pugh
Chris Sexton
Esther Underwood
Family of Danny West
Tina Williams
Vernon Wilson
Hal & Jan Winslow

Hospitals & Nursing Homes

Brookdale, Rock Hill, SC:
Harry Hudson
Kindred Hospital Greensboro:
Gil Sides
Rose Glen Manor Assisted Living:
Becky Craven
Sandy Ridge Memory Care:
Linda Moody
Terra Bella:
Hal Powell

Law Enforcement & Services

Jeremy Callicutt
Evan Underwood
Stephen Vaughn
Asheboro Police Department
Asheboro Fire Department
Randolph County Sheriff's Office

Missions

Chosen People Ministries - The Arnolds
Gideon Ministries
HASTEN International
Nikki Holland—Belize
Lydia's Place
Neighbors Helping Neighbors & CUOC
Sleep in Heavenly Peace
The Friends Center MOWA
Jonathan Spainhour

Ministers & Staff

David Millikan
David Peters
Cynthia Pierce
Mike Wall



Friends

Charles Allen
Judy Barnes
Julia Barnes
Alice Beasley
Family of Roger Brewer
Logan Brooks
Suzanne Brown
Barbara Bullin
Larry Byrd
Ethan Clarke (cancer)
Eddie Coggins
Betty Cox
Carson Daves
Gwen Davis
Ann White Felton (Norfolk General Hospital)
Rita Bass Ford
Angela Frye
Vickie Frye (cancer)
Ruby Gainey
Treva Gallimore
Ricky Harris
Roger Hatchel (cancer)
Family of David Horne
Frank Horton
Pat Hussey
Bill Ivey
Rick Johnson
Karan Kemp
Ray Lambe
Ben Lewis (cancer)
Twyla Little
Libby McNeil
Family of Ronnie Metcalf
Jeremy Moore
Renee Nelson
Tony Norris
Jackie Parks
Linda Poole (cancer)
Loyd Pugh (cancer)
Kaffy Reynolds
Jennifer Ruff (cancer)
Ron Smith
Darrell Swaney
Pam Thomas
Brenda & Donald Tucker
Joe & Michelle Weaver
Dolan Williams
Claude Winslow



Please submit additions to our prayer list:
Email: asheborofriends@yahoo.com
Phone: (336) 625-3803 or (336) 689-4275

Our World, Israel & The Ukraine
Asheboro Friends Meeting & Kids Klub
Friends Church of NC & Contentnea Quarter
Friends Disaster Service
First Responders & Healthcare Workers
All Our Elected Officials
Unspoken Requests & Unsaved Family & Friends



**NO KID SLEEPS
ON THE FLOOR
IN OUR TOWN!**

Sleep in Heavenly Peace (SHP) is a volunteer-driven nonprofit dedicated to building and delivering hand-made, fully furnished beds to children in need. SHP's mission is to tackle childhood bedlessness, which we estimate to affect nearly 3% of the population.

Along with CUOC, other local churches, and individuals we are starting a local chapter of SHP in Asheboro and Randolph County. A group met with Skip Sevier, the Regional Support Lead Southeast, via Zoom to learn more and begin working!

You can support our Randolph/Asheboro chapter in any or all of the areas listed below. You have one or more God-given talents that will enhance the lives of children in need.

Once we are organized and running this is how the process works!



Anyone and everyone of any skill level can be a part of this ministry!

Please be in prayer how you can be a part of this exciting opportunity in our town!

Ambwere Farm Finishes Canola Harvest

The six-week long canola harvest finally has come to an end at the Friends United Meeting farm in Kitale, the Ambwere Farm sustainability project. The canola planting covered about 400 of the 800 acres.

The canola harvest was done by a combine harvester, since it eliminates the swathing cost and reduces labor requirements at the farm. The harvesting process has had its own fair share of challenges with the changing weather. Some days were rainy, delaying the harvesting process, while in other areas the canola plant was not dry enough for harvest. However, about 789,400 kilograms of Canola was harvested at the farm (approximately 34,800 bushels), and the contracted company,



Agventure, located in Nakuru, collected the proceeds for production of canola edible oil. Canola oil is rich in Omega 3 which can be used as a supplement for babies and pregnant women.

Apart from the seeds that were of benefit to the contracted company, the local dairy farmers had an opportunity to gather canola hay (waste from the combine harvester) for their cows. This bolsters not only a good relationship between FUM and the community, but is also a contribution to food security around the surrounding communities.

Our main purpose in planting the canola was for soil reconditioning, therefore we expect a bumper harvest of corn in the acreage where the Canola was planted.

Currently, with our new machinery in place, tilling and planting has been going on day and night at the farm ahead of the rainy season. Delivery of the corn seed and fertilizer occurred exactly when planned.



Upcoming Event

CAR WASH / Yard Sale

Friday & Saturday, in June (TBD), 2024

**Help Our Kids Help Other Kids
Proceeds donated to the three
Asheboro Friends Class Act Teams
for beginning of school supplies**



How can you help?



- 1. Rent a yard sale table for only \$25.00 and keep all the money you make. (Contact Cynthia Pierce.)**
- 2. Donate items for the Kids Klub tables.**
- 3. Get your vehicles hand washed and detailed.**
- 4. Come purchase items for sale.**
- 5. Donate Money.**

